# Latala's inequality 

Dmitriy M. Stolyarov

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## 1 Formulation and a simplification

Let $X_{1}, X_{2}, \ldots, X_{n}$ be i.i.d non-negative random variables with the distribution $X$. We suppose that $\mathbb{E} X=$ 1 and $\mathbb{E}|X-1|=\alpha \neq 0$. Define their products

$$
R_{0}=1 ; \quad R_{k}=\prod_{j=1}^{k} X_{j}, k=1,2, \ldots, n
$$

The following theorem is proved in [2] (see also [1] for the $p<1$ version).
Theorem 1 (Latala's theorem). The inequality

$$
\sum_{j=0}^{n}\left\|v_{j}\right\| \lesssim \mathbb{E}\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\| \leqslant \sum_{j=0}^{n}\left\|v_{j}\right\|
$$

holds independently of the norm $\|\cdot\|$ and $n$ (the constant depends only on $\alpha$ ).
Here the $v_{j}$ are vectors in some Banach space $\mathbb{B}$. Surely, only the left hand-side inequality is interesting. Latala's theorem is more general, we have stated a particular case (in the original version, the random variables $X_{j}$ may have different distributions; however, the discussed case already contains all the difficulties). Our aim here is to explain the proof and provide a small simplification (which will lead to some drop of the constant in the main inequality, but, maybe, make the proof more transparent for an analyst).

Lemma 1. Consider the i.i.d random variables $Y_{j}$ such that $Y_{j}=1 \pm \alpha$ with probability $\frac{1}{2}$. Define $\tilde{R}_{j}$ to be their products. Then,

$$
\mathbb{E}\left\|\sum_{j=0}^{n} v_{j} \tilde{R}_{j}\right\| \leqslant \mathbb{E}\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\| .
$$

Proof. We may suppose that there exist independent events $E_{j}$ such that $\mathbb{E}\left(X_{j} \mid E_{j}\right)=1+\alpha$ and $P\left(E_{j}\right)=$ $\frac{1}{2}$ (to do this, represent the probability space as an infinite direct product of unit intervals such that each $X_{j}$ depends on the $j$ th coordinate only). Let $S$ be the algebra of sets generated by the $E_{j}$. Then, by Jensen's inequality:

$$
\mathbb{E}\left(\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\| \mid S\right) \leqslant\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\|
$$

almost surely. It remains to notice that the expression on the left coincides with

$$
\left\|\sum_{j=0}^{n} v_{j} \tilde{R}_{j}\right\|
$$

if $Y_{j}$ equals $1+\alpha$ on $E_{j}$ and $1-\alpha$ on the complement of $E_{j}$.

This lemma shows that we may work with the case $X_{j}=Y_{j}$. It may seem convenient to work with the Rademacher representation of the $Y_{j}$ and proceed analytically. However, the author does not know how to prove Theorem 1 in this way.

The proof will be by induction in $n$, we will drop $v_{0}$, use the induction assumption, and then try to get a bound for the sum with $v_{0}$ present there. However, this will be rather delicate. There will be two principles. The first one is the statement of the theorem for $n=1$ (one can estimate $\left\|v_{0}\right\|$ and $\left\|v_{1}\right\|$ by $\left.\mathbb{E}\left\|v_{0}+X_{1} v_{1}\right\|\right)$, the second one is that if one adds a big constant vector to a random vector, then the mathematical expectation of the norm of the latter increases in a reasonable way.

## 2 Preliminary lemmas

We begin with the variant of the case $n=2$ of Theorem 1 . One can easily see that these inequalities are sharp $($ take $\mathbb{B}=\mathbb{R})$.

Lemma 2. For any $v_{0}, v_{1} \in \mathbb{B}$,

$$
\mathbb{E}\left\|v_{0}+X_{1} v_{1}\right\| \geqslant \alpha\left\|v_{1}\right\| ; \quad \mathbb{E}\left\|v_{0}+X_{1} v_{1}\right\| \geqslant \frac{\alpha}{\alpha+1}\left\|v_{0}\right\| .
$$

Proof. The first inequality may be rewritten as

$$
\frac{1}{2}\left\|v_{0}+(1+\alpha) v_{1}\right\|+\frac{1}{2}\left\|v_{0}+(1-\alpha) v_{1}\right\| \geqslant \alpha\left\|v_{1}\right\|
$$

which is nothing but the triangle inequality. The second inequality also follows from the triangle inequality:

$$
\begin{aligned}
& \frac{1}{2}\left\|v_{0}+(1+\alpha) v_{1}\right\|+\frac{1}{2}\left\|v_{0}+(1-\alpha) v_{1}\right\|=\frac{1+\alpha}{2}\left\|\frac{v_{0}}{1+\alpha}+v_{1}\right\|+\frac{1-\alpha}{2}\left\|\frac{v_{0}}{1-\alpha}+v_{1}\right\| \geqslant \\
& \frac{1-\alpha}{2}\left\|\frac{v_{0}}{1+\alpha}+v_{1}\right\|+\frac{1-\alpha}{2}\left\|\frac{v_{0}}{1-\alpha}+v_{1}\right\| \geqslant \frac{1-\alpha}{2}\left(\frac{1}{1-\alpha}-\frac{1}{1+\alpha}\right)\left\|v_{0}\right\| \geqslant \frac{\alpha}{1+\alpha}\left\|v_{0}\right\|
\end{aligned}
$$

Lemma 3. Let $Y$ be a random vector in $\mathbb{B}$. Suppose $v \in \mathbb{B}$ be such that $P\left(\|Y\| \geqslant \frac{\left\|v_{0}\right\|}{4}\right) \leqslant \frac{1}{4}$. Then,

$$
\mathbb{E}\|Y+v\| \geqslant \mathbb{E}\|Y\|+\frac{\left\|v_{0}\right\|}{8}
$$

Proof. We use Bayes's formula and the triangle inequality:

$$
\begin{array}{r}
\mathbb{E}\|Y+v\|=P\left(\|Y\| \geqslant \frac{\left\|v_{0}\right\|}{4}\right) \mathbb{E}\left(\|Y+v\| \left\lvert\,\|Y\| \geqslant \frac{\left\|v_{0}\right\|}{4}\right.\right)+P\left(\|Y\| \leqslant \frac{\left\|v_{0}\right\|}{4}\right) \mathbb{E}\left(\|Y+v\|\| \| Y \| \leqslant \frac{\left\|v_{0}\right\|}{4}\right) \geqslant \\
P\left(\|Y\| \geqslant \frac{\left\|v_{0}\right\|}{4}\right)\left(\mathbb{E}\left(\|Y\| \left\lvert\,\|Y\| \geqslant \frac{\left\|v_{0}\right\|}{4}\right.\right)-\left\|v_{0}\right\|\right)+P\left(\|Y\| \leqslant \frac{\left\|v_{0}\right\|}{4}\right)\left(\frac{\left\|v_{0}\right\|}{2}+\mathbb{E}\left(\|Y\| \left\lvert\,\|Y\| \leqslant \frac{\left\|v_{0}\right\|}{4}\right.\right)\right) \geqslant \\
\mathbb{E}\|Y\|+\left(\frac{P\left(\|Y\| \leqslant \frac{\left\|v_{0}\right\|}{4}\right)}{2}-P\left(\|Y\| \geqslant \frac{\left\|v_{0}\right\|}{4}\right)\right)\left\|v_{0}\right\| \geqslant \mathbb{E}\|Y\|+\frac{\left\|v_{0}\right\|}{8} .
\end{array}
$$

We used the inequality $\left\|Y+v_{0}\right\| \geqslant\left\|v_{0}\right\|-\|Y\| \geqslant \frac{\left\|v_{0}\right\|}{2}+\|Y\|$ for the second summand, when we were passing from the first line to the second one.

This lemma is a formalization of our second principle that says that when perturbs a random vector with a big constant vector, the average norm increases.

## 3 First attempts

Suppose that we are going to prove the inequality

$$
\begin{equation*}
c \sum_{j=0}^{n}\left\|v_{j}\right\| \leqslant \mathbb{E}\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\|, \tag{1}
\end{equation*}
$$

where $c$ is sufficiently small constant, by induction in $n$. Suppose that it holds for $n-1$. For that we write

$$
\begin{equation*}
\mathbb{E}\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\|=\frac{1}{2} \mathbb{E}\left\|v_{0}+(1-\alpha) v_{1}+(1-\alpha) \sum_{j=2}^{n} v_{j} \prod_{k=1}^{j} X_{k}\right\|+\frac{1}{2} \mathbb{E}\left\|v_{0}+(1+\alpha) v_{1}+(1+\alpha) \sum_{j=2}^{n} v_{j} \prod_{k=1}^{j} X_{k}\right\| \tag{2}
\end{equation*}
$$

and apply the induction hypothesis to each of the summands (with vectors $v_{0}+(1-\alpha) v_{1},\left\{(1-\alpha) v_{j}\right\}_{j=2}^{n}$ and variables $X_{2}, X_{3}, \ldots, X_{n}$ in the first summand and vectors $v_{0}+(1+\alpha) v_{1},\left\{(1+\alpha) v_{j}\right\}_{j=2}^{n}$ and variables $X_{2}, X_{3}, \ldots, X_{n}$ in the second). This will lead us to

$$
\mathbb{E}\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\| \geqslant c\left(\frac{1}{2}\left\|v_{0}+(1-\alpha) v_{1}\right\|+\frac{1}{2}\left\|v_{0}+(1+\alpha) v_{1}\right\|\right)+\sum_{j=2}^{n} c\left\|v_{j}\right\| .
$$

So, we will have to bound $c\left\|v_{0}\right\|+c\left\|v_{1}\right\|$ by

$$
c\left(\frac{1}{2}\left\|v_{0}+(1-\alpha) v_{1}\right\|+\frac{1}{2}\left\|v_{0}+(1+\alpha) v_{1}\right\|\right) .
$$

It is impossible. However, this reasoning gives us hope that if we pass from inequality (1) to a more general one, the induction may work. Let us try to prove the inequality

$$
\begin{equation*}
\mathbb{E}\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\| \geqslant \sum_{j=0}^{n} c_{j}\left\|v_{j}\right\|, \tag{3}
\end{equation*}
$$

where $c_{j}$ are some coefficients that are uniformly bounded from below. Of course, inequalities (3) and (1) are equivalent, but (3) seems to be more "induction-friendly". Indeed, let us try to do the same reasoning again (i.e., use formula (2) and apply the induction hypothesis (3) to the same vectors and random variables). This will lead us to the inequality

$$
\mathbb{E}\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\| \geqslant c_{0}\left(\frac{1}{2}\left\|v_{0}+(1-\alpha) v_{1}\right\|+\frac{1}{2}\left\|v_{0}+(1+\alpha) v_{1}\right\|\right)+\sum_{j=2}^{n} c_{j-1}\left\|v_{j}\right\| .
$$

So, to deduce inequality (3) for $n-1$ summands, we have to show that

$$
c_{0}\left(\frac{1}{2}\left\|v_{0}+(1-\alpha) v_{1}\right\|+\frac{1}{2}\left\|v_{0}+(1+\alpha) v_{1}\right\|\right)+\sum_{j=2}^{n}\left(c_{j-1}-c_{j}\right)\left\|v_{j}\right\| \geqslant c_{0}\left\|v_{0}\right\|+c_{1}\left\|v_{1}\right\| .
$$

This seems to be not as hopeless as the previous attempt if we make a proper choice of the $c_{j}$ (however, this inequality also seems to be untrue if $v_{0}$ is big, because it turns into an equality when $v_{0} \rightarrow \infty$; but for this case we have the second principle, Lemma 3 ). It seems reasonable to take $c_{j}-c_{j-1} \geqslant 0$. Again, we use Lemma 2 to estimate the sum of linear combinations on the left hand-side:

$$
c_{0}\left(\frac{1}{2}\left\|v_{0}+(1-\alpha) v_{1}\right\|+\frac{1}{2}\left\|v_{0}+(1+\alpha) v_{1}\right\|\right)+\sum_{j=2}^{n}\left(c_{j-1}-c_{j}\right)\left\|v_{j}\right\| \geqslant c_{0} \alpha\left\|v_{1}\right\|+\sum_{j=2}^{n}\left(c_{j-1}-c_{j}\right)\left\|v_{j}\right\|
$$

So, we can make prove the induction step when

$$
\begin{equation*}
c_{0}\left\|v_{0}\right\| \leqslant\left(c_{0} \alpha-c_{1}\right)\left\|v_{1}\right\|+\sum_{j=2}^{n}\left(c_{j-1}-c_{j}\right)\left\|v_{j}\right\| . \tag{4}
\end{equation*}
$$

Again, it is convenient to assume that $c_{0} \alpha>c_{1}$.
How can we deal with the case when condition (4) is not satisfied? We are going to apply Lemma 3 with the constant vector $v_{0}$ and $Y=\sum_{j=1}^{n} v_{j} R_{j}$ in the role of the random vector. Therefore, we will need to estimate the probability of the event $\|Y\| \geqslant \frac{1}{4}\left\|v_{0}\right\|$. Of course, we will have to use the fact that inequlity (4) does not hold (to link $Y$ and $v_{0}$ ). So, we will have to estimate the probability of the event

$$
\begin{equation*}
\left|X_{1}\right| \sum_{j=1}^{n} v_{j} \prod_{k=1}^{j} X_{k} \geqslant\left(c_{0} \alpha-c_{1}\right)\left\|v_{1}\right\|+\sum_{j=2}^{n}\left(c_{j-1}-c_{j}\right)\left\|v_{j}\right\| . \tag{5}
\end{equation*}
$$

## 4 Tails estimates

A brief examination of our assumptions show that the value $c_{j}-c_{j-1}$ tends to zero as $j \rightarrow \infty$. Therefore, we cannot derive any information about the event (5) from the trivial estimate $\mathbb{E}\left\|\sum_{j=1}^{n} v_{j} R_{j}\right\| \leqslant \sum\left\|v_{j}\right\|$. However, we have not used the assumption that the $X_{j}$ are independent seriously yet. It appears, that to get the desired estimates, we have to leave the convex world.

Lemma 4. Suppose the variables $X_{j}$ be as above. Then,

$$
\left(\mathbb{E}\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\|^{\frac{1}{2}}\right)^{2} \leqslant \frac{1}{1-\beta} \sum_{j=0}^{n} \beta^{j}\left\|v_{j}\right\| .
$$

for some $\beta<1$.
Proof. We use the inequality $\left(\sum\left|x_{k}\right|\right)^{\frac{1}{2}} \leqslant \sum\left|x_{k}\right|^{\frac{1}{2}}$ and the independence of the $X_{j}$ :
$\mathbb{E}\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\|^{\frac{1}{2}} \leqslant \sum_{j=0}^{n} \mathbb{E}\left\|v_{j} R_{j}\right\|^{\frac{1}{2}}=\sum_{j=0}^{n}\left\|v_{j}\right\|^{\frac{1}{2}}\left(\mathbb{E}|X|^{\frac{1}{2}}\right)^{j}=\sum_{j=0}^{n}\left\|v_{j}\right\|^{\frac{1}{2}}\left(\frac{\sqrt{1+\alpha}+\sqrt{1-\alpha}}{2}\right)^{j} \leqslant \sum_{j=0}^{n}\left\|v_{j}\right\|^{\frac{1}{2}} \beta^{j}$.
Here $\beta=\frac{\sqrt{1+\alpha}+\sqrt{1-\alpha}}{2}<1$. It remains to use the Cauchy inequality:

$$
\sum_{j=0}^{n}\left\|v_{j}\right\|^{\frac{1}{2}} \beta^{j} \leqslant\left(\sum_{j=0}^{n} \beta^{j}\right)^{\frac{1}{2}}\left(\sum_{j=0}^{n} \beta^{j}\left\|v_{j}\right\|\right)^{\frac{1}{2}}=\left(\frac{1}{1-\beta}\right)^{\frac{1}{2}}\left(\sum_{j=0}^{n} \beta^{j}\left\|v_{j}\right\|\right)^{\frac{1}{2}}
$$

By Chebyshev's inequality, Lemma 4 leads to

$$
\begin{equation*}
P\left(\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\| \geqslant \frac{t}{1-\beta} \sum_{j=0}^{n} \beta^{j}\left\|v_{j}\right\|\right) \leqslant \frac{1}{\sqrt{t}} . \tag{6}
\end{equation*}
$$

There are two things to be noticed. First, it is reasonable to take $c_{j}-c_{j-1}=c \beta^{j}$ of something like that. Second, the event from formula (5) differs from the one estimated in (6) (we have to multiply by $X_{1}$ ). This gives us some more freedom. Indeed, with probability $\frac{1}{2}, X_{1}$ is smaller than one, which allows to use estimate (6) with bigger $t$.

## 5 Final reasoning

We take $N$ to be a big natural number. We define the coefficients $c_{j}$ by the rule

$$
c_{0}=a ; \quad c_{1}=c_{2}=\ldots=c_{N}=b ; \quad c_{j}=b-\frac{d \sum_{k=N+1}^{j} \beta^{k}}{1-\beta}, j \geqslant N+1
$$

Here $a, b$, and $d$ are small positive constants to be specified later. In order the $c_{j}$ satisfy all the above requirements (they are $c_{0}>\alpha c_{1}$ and $c_{j}>0$ uniformly), these parameters must be under the conditions

$$
b<a \alpha, \quad d<b .
$$

We assume inequality (3) for $n-1$ and try to prove its version for $n$. It remains to deal with the case when inequality (4) does not hold, which turns into

$$
\begin{equation*}
\left\|v_{0}\right\| \geqslant\left(\alpha-\frac{b}{a}\right)\left\|v_{1}\right\|+\frac{d}{a(1-\beta)} \sum_{j=N+1}^{n} \beta^{(j-N-1)}\left\|v_{j}\right\| \tag{7}
\end{equation*}
$$

Consider the event $\Omega$ :

$$
\Omega=\left\{X_{2}=X_{3}=\ldots=X_{N}=1-\alpha\right\},
$$

we have left $X_{1}$ free for further use. Let $\tilde{X}_{j}$ be $X_{j}$ conditioned on $\Omega$. Then,

$$
\mathbb{E}\left\|\sum_{j=0}^{n} v_{j} R_{j}\right\|=\frac{1}{2} \mathbb{E}\left\|w_{0}^{-}+(1-\alpha)^{N} \sum_{j=N+1}^{n} v_{j} \prod_{k=N+1}^{j} \tilde{X}_{j}\right\|+\frac{1}{2} \mathbb{E}\left\|w_{0}^{+}+(1+\alpha)(1-\alpha)^{N-1} \sum_{j=N+1}^{n} v_{j} \prod_{k=N+1}^{j} \tilde{X}_{j}\right\|,
$$

where

$$
w_{0}^{-}=v_{0}+(1-\alpha)\left(\sum_{j=1}^{N}(1-\alpha)^{j} v_{j}\right) ; \quad v_{0}+(1+\alpha)\left(\sum_{j=1}^{N}(1-\alpha)^{j} v_{j}\right) .
$$

By Lemma $2,\left\|w_{0}^{-}\right\|+\left\|w_{0}^{+}\right\| \geqslant \frac{\alpha}{\alpha+1}\left\|v_{0}\right\|$, so at least one of these vectors is bigger than $\frac{\alpha}{2(\alpha+1)}\left\|v_{0}\right\|$. In order to apply Lemma 3, we need to estimate the probability of the event

$$
\frac{\alpha}{2(\alpha+1)}\left\|v_{0}\right\| \leqslant(1+\alpha)(1-\alpha)^{N-1} \sum_{j=N+1}^{n} v_{j} \prod_{k=N+1}^{j} \tilde{X}_{j} .
$$

By assumption (7), this event leads to (we also killed the summand with $\left\|v_{1}\right\|$ )

$$
\sum_{j=N+1}^{n} v_{j} \prod_{k=N+1}^{j} \tilde{X}_{j} \geqslant \frac{\alpha d}{2(1+\alpha)^{2}(1-\alpha)^{N-1} a(1-\beta)}\left(\sum_{j=N+1}^{n} \beta^{(j-N-1)}\left\|v_{j}\right\|\right) .
$$

By inequality (6), the probability of this event does not exceed

$$
\sqrt{\frac{2(1+\alpha)^{2}(1-\alpha)^{N-1} a}{\alpha d}} .
$$

So, we require

$$
\sqrt{\frac{2(1+\alpha)^{2}(1-\alpha)^{N-1} a}{\alpha d}}<\frac{1}{4}
$$

which seems to be true when $N$ is sufficiently big. So, we can use Lemma 3 for the bigger of the vectors $w_{0}^{+}$ and $w_{0}^{-}$to get
$\mathbb{E}\left\|w_{0}^{ \pm}+(1 \pm \alpha)(1-\alpha)^{N-1} \sum_{j=N+1}^{n} v_{j} \prod_{k=N+1}^{j} \tilde{X}_{j}\right\| \geqslant \frac{\alpha}{8(1+\alpha)}\left\|v_{0}\right\|+\mathbb{E}\left\|(1 \pm \alpha)(1-\alpha)^{N-1} \sum_{j=N+1}^{n} v_{j} \prod_{k=N+1}^{j} \tilde{X}_{j}\right\|$.

## References

[1] E. Damek, R. Latala, P. Nayar and T. Tkocz, Two-sided bounds for $L_{p}$-norms of combinations of products of independent random variables, Stochastic Process. Appl. 125 (2015), 1688-1713.
[2] R. Latala, $L_{1}$-norm of combinations of products of independent random variables, Israel J. Math. 203 (2014), 295-308.

